Clients asking about incretin therapies?

An EAT LOVE LIVE informed consent and eating disorder safe framework for GLP-1 & GIP receptor agonist use

D	**Discuss** the client's request/ or decision to take the medication, their goals & any clinical indications
E	**Explore** all relevant research to date with the client
C	Address potential side effect **concerns** in detail and communicate risks to nutritional status.
I	**Interaction** with current or past eating disorder (or at risk of developing)? Complete eating disorder screening & refer if needed
S	Support clients to **sit** with the information & seek clarification
I	**Initiate** health centric goal setting if clients are commencing
O	Lead **ongoing** discussions & risk management for the client
N	**Notify** MDT of decision & any risk management plans

Scan for further support

Eating Disorder Screening

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